



AHEAD With Horses

10157 Johanna Ave, Shadow Hills, CA 91040 • (818) 767-6373 • awhla.org

HELMET INFORMATION

Our insurance company and their policies have requested that all our students who are willing to wear an equestrian helmet while on the horse should do so.

AWH and our insurance do realize that we work with children with all types of disabilities, and that for some of these children, it would be extremely difficult to force them to wear a helmet. For some students this might cause the weight of the head to be too heavy and some of our students would then no longer be able to hold their own head up. For some of our students with sensory issues, this would mean the student fighting to take the helmet off the entire session or a complete meltdown when trying to put it on. If you believe that wearing a helmet would be detrimental to your child's therapy session, there is a [helmet refusal and release agreement](#) that we will need you to sign.

If you would like your child to wear a helmet and believe that it will not impede in their therapy, then we will be providing SEI certified –ASTM Equestrian Helmets in various sizes. Though we do sanitize the helmets between use, it is not possible to guarantee the shared helmets are germ-free. Since helmets are very close to the face, ***we strongly recommend, if you are able, to purchase your own helmet*** so that you can sanitize it yourself and to ensure the correct size and appropriate fit for your child. If you purchase your own helmet, it must be an **SEI certified – ASTM Equestrian Helmet**. Helmets made for other sports, such as riding a bicycle or roller skates, etc. are not built the same.

If you would like to purchase your own helmet, we recommend going to a tack store such as: East Valley Feed and Tack off Stonehurst in Sun Valley, DaMoor's Feed & Tack on Riverside Dr. near the LA Equestrian Center or purchasing it online through Amazon or one of the many equestrian websites.

We thank you for understanding that these are rules we must follow and thank you for your cooperation.

I have read and understand the **helmet** policy.

- My child will wear a provided helmet.
- I/We will purchase a helmet to wear.
- My child is unable to wear a helmet (please also complete the helmet refusal form).

Student's Name: _____

Parent's Name: _____

Parent's Signature: _____ Date: _____

Last Updated July 2023